

SELF-HELP GROUPS

Seaside TOPS (Take Off Pounds Sensibly)— 8 to 8:45 a.m. weigh-in, 9 to 10 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road, Seaside. For information, call 503-861-2904.

Astoria TOPS — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-325-4114.

Warrenton TOPS — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St., Warrenton. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-861-1404.

Alcoholics Anonymous — To find a meeting, call 503-861-5526 or go to www.aa-or-egon.org

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Dressed up for fun



Submitted photo

The Svensen Senior Meal Site held its annual Halloween party, and nearly everyone came dressed up to enter the costume contest, judged by Barb Marshall and Jeanie Windsor of The Logger Restaurant. The grand prize was a Logger gift certificate, donated by Mick Schumacher, and three runner-up prizes were donated by Maggie Pearson. The Logger also donated gift certificates for all, and T-shirts for those who dressed up. Table decorations were donated by volunteers, Marcie Gillie, Maggie Pearson and Geri Brown. Cookies and punch were served for dessert.

Community comes together for baker

The Danish Maid Bakery, co-owned by John and Jan Lindstrom, has been closed because John had a medical emergency that necessitated having his left leg amputated below the knee. Friends and local businesses have held several fundraisers for the couple to help with medical expenses.

In addition, Kim Pena, Jan's sister and a former employee, created a GoFundMe account called "Raising the Dough," and on Oct. 24, Rosemary Johnson and Muriel Jensen spearheaded the Walk-a-thon, starting at the Maritime Memorial and terminating at the Barbey Maritime Center, where a silent auction was held. Howard Rub, the Astoria High School football coach, sent the team on the walk to honor John Lindstrom's membership on the team when he was in high school. The event raised \$6,300.

Other fundraising totals are as follows: The Rusty Cup, \$140; Blue Scorcher Bakery Café, \$641.01; Astoria Coffee House, \$2,735; Merry Time Bar and Grill,



Photo by Lorrey Mason

Volunteers set up for the Walk-a-thon and auction fundraiser to help the Lindstrom family with medical expenses. Pictured, from left, Carrie Brown, Steve Wedell, Muriel Jensen, Tammy Loughran, Jenna Travers, Ashlee Dalton, Emilli Delong and Barbara Wedell.

\$745; Kim Pena's GoFundMe account for John Lindstrom, \$7,120; WineKraft, \$220; and Phog Bounders, \$261.10. The amounts collected, plus donations to a Wells Fargo account set up for the Lindstroms, add up to almost \$27,000.

"Can you believe that in a town our size?" Jensen asked.

"Everyone has done their own thing — the Astoria Coffee House and the Blue Scorcher donated 25 percent of the take on certain days, The Rusty Cup gave \$1 per drink on a particular Friday, the Merry Time gave 100 percent of the cover price on a Friday night, and WineKraft donated a por-

tion of their painting class registration. Also, Phog Bounders did a percentage of their take on a certain day and challenged some of their vendors to also contribute."

"At this point, I'm really grateful," she added. "Big thanks to this warm and wonderful community."



Submitted photo

Tyler Coolidge, left, is congratulated by Warrenton Sunrise Rotary Club president, Donelda Annat, for being selected as the group's September student of the month.

Warrenton High School senior is selected for Student of the Month honor

WARRENTON — The Warrenton Sunrise Rotary Club has begun a new program, and has named Warrenton High School senior Tyler Coolidge as its first recipient of the Student of the Month award. The club developed the program to recognize accomplished WHS students who clearly make a difference in their school and/or in our community.

The school administration chooses each recipient, and selected Coolidge for September because he encourages other students, and plays a leadership role with his peers. A member of WHS Key Club, and known

for his good manners, Coolidge has a strong GPA, takes his academics seriously, and plans to attend college and continue with his passion of wrestling.

High school students who are selected are recognized at the club's meeting at Doogers Seafood & Grill in Warrenton. Each student receives a printed award along with some gift certificates from area businesses who also want to acknowledge noteworthy student achievements.

Information about the Warrenton Sunrise Rotary Club's programs is available on the group's Facebook page.

Oregon Rehabilitation Association honors caring individual

On Oct. 21, Coast Rehabilitation Services (CRS) employee Rosemary Bonett received a Works Of Heart award from the Oregon Rehabilitation Association (ORA). This prestigious award is given once each year to outstanding direct support professionals working in the field of supporting people with developmental disabilities.

Bonett worked in the field of developmental disabilities for many years. She has a gift for understanding the needs of residents. "Rosemary is graceful and insightful in how she shares her gentle spirit," Shantell Stevens, associate director of residential services for Coast, said. "We are so proud to have her as

a part of our organization."

Bonett received the award in front of hundreds of direct support professionals and managers gathered for a region-wide conference sponsored by ORA. CRS supported resident Debbie Conti's mother, Nancy Conti, brought tears to the eyes of many at the conference, when she explained how important Bonett is to her daughter — how Bonett plans experiences for her, rather than mere events, and how she has transformed her daughter's life.

In a final touch, the award was presented by Debbie Conti. In her acceptance speech, Bonett stated how grateful she is to be of service to others.



Debbie Conti, left, presents the Oregon Rehabilitation Association's Works of Heart award to Coast Rehabilitation Services employee Rosemary Bonett.

Submitted photo

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