Humors

Are impure matters which the skin. liver, kidneys and other organs can not take care of without help, there is such an accumulation of them.

They litter the whole system. Pimples, boils, eczema and other eruptions, loss of appetite, that tired feeling, bilious turns, fits of indigestion, dull headaches and many other troubles are due to them.

Hood's Sarsaparilla and Pills

Remove all humors, overcome all their effects, strengthen, tone and invigorate the whole system.

"I had salt rheum on my hands so that I could not work. I took Hood's Sarsaparilla and it drove out the humor. I continued its use till the sores disappeared." Mrs. IRA O. BROWN, Rumford Falls, Me.

Hood's Sarsaparilla promises to cure and keeps the promise.

Who Knows?

Did Adam smoke? Did Eve wear corsets? Did Solomon chew tobacco? Did Ruth chew gum? Did the children of Israel make for a beer garden after crossing the Red Sea? Did Rebecca eat gum drope?-Lexington, Mich., Weekly News.

Circumstances Alter Faces. "But she used to be considered quite

"That was before her father failed."

a beauty."

Mothers will find Mrs. Whislow's Soothing Syrup the best remedy to use for their shildren during the teething period.

A Dying Race.

Jennie-Herbie, it says here another octogenarian is dead. What's an octogenarian?

Herbie-Well, I don't know what they are, but they must be awfully sickly creatures. You never hear of 'em but they're dying. - Brooklyn

Of Course.

Ella-What is your idea of a good hearted fellow?

Stella-One who spends his money on me and lets his creditors wait for their pay .- New York Times.

Olives.

Do you like olives? You have to learn to like them, of course, but you will be sorry you did not cultivate a taste for them before — particularly if you let your grocer send you a bottle of the Monopole variety. Monopole olives are the largest which come to this country. They are also the most luscious and tenderest which the far famed olive growers of Spain produce. Be sure you secure this brand from your dealer. Wadhams & Kerr Bros., Monopole Grocers and Dry Coffee Roasters, Portland, Oregon.

The Pe-ru-na Almanec.

The druggistts have already been acteristics of each sign is given, consti- work. tuting almost a complete horoscope.

A list of questions and answers on astrology sent free upon request. There will be a great rush for these books. Ask your druggist for one early before they are all gone.

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AVegetable Preparation for As-similating the Food and Regula-ting the Stomacts and Bowels of

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Promotes Digestion Cheerful-

ness and Rest.Contains neither

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Worms, Convulsions, Feverish-

ness and Loss of SLEEP.

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Clert Flatcher.

NOT NARCOTIC.

"I dont' see," said the sensible girl, "how you could bring yourself to run around after that actor; such a conceit

ed stick as he is." "You're mistaken," replied the mat-inee girl. "He's just as modest as he can be. Why, when I asked him whom he considered the greatest actor in the world he actually blushed, and replied that it wasn't for him to say." -Philadelphia Press.

Rocking Chairs Cause Insanity. The rocking chair causes insanity, so able way.

it is said. In fact, physicians are claiming that rocking chairs are the cause of most of the nervous troubles from which women suffer, and are advising their relegation to any place where they will not be used.

All in Vain.

Clara—I suppose I shall have to give Mr. Fiddleback the next dance. Maud-Why don't you sit it out with him?

"Well, I've tried that." - New Yorker.

All Right Anyway.

Miss Thin-Don't you think my new dress is just exquisite? Fannie-Oh, lovely! I think that dressmaker of yours could make a clothes prop look graceful.

To Break in New Shoes,

Always shake in Allens Foot-Ease, a powder. It cures chilblains, damp, sweating, aching, swollen feet. Cures Corns and Bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREL. Address Allen S. Olmstead, LeRoy, N. Y.

The Professor Knew. "Professor," the seeker after knowledge inquired of the great toxicologist, if a tarantula were to bite you, what would be the first thing you'd do?" "Yell," replied the scientist prompt-ly.—Philadelphia Press.

FITS Permanently Cursu So fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FR EE S2.00 trial bottle and treaties. Dz. R. H. KLIN. Ltd., v31 Arch St., Philadelphia. Ps

Developed a Negative. Rita-Why is Mr. Kodak so glum

looking? Nita-He and Eleanor have just come out of the darkroom, where he had evidently developed a negative.

STATE OF OHIO, CITT OF TOLEDO, | 42.

LUCAS COUNTY.

FRANK J. CHENEY makes oath that he is the senior parter of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURS.

FRANK J. CHENEY

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

A. W. GLEASON, Notary Public

Hall's Catarrh Cure is tagen internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c. Hall's Family Pills are the best.

The leading color pictures in the February Century—the most novel and curious in subject of any that magazine has yet published— are from interesting and beautiful studies of the aurora borealis made by Frank Wilbert Stokes while in the Arctic in the fall of 1892, and are richly worthy the subject. They reproduce in print for the first supplied with Pe-ru-na almanacs. time in a popular magazine the wonder-There is sure to be a great demand for ful effects of the aurora. Mr. Stokes, these almanacs on account of the arti- probably the first real colorist to visit cles on astrology which they contain. the Arctic regions, was with the Peary The subject of astrology is a very attrac- and relief expeditions on the Kite when tive one to most people. The articles he was privileged to see some color dison astrology in the Peruna almanac plays worth all the dangers and privahave been furnished by a very compe- tions of the trip. His word painting is tent astrologist, and the mental char- as vivid and interesting as his color

Purely for Love.

"He says he is in business for love."

"What is his business?" "He runs a matrimonial agency."-Philadelphia North American.

The Kind You Have

Always Bought

For Over

Thirty Years

Bears the

Signature

CAUSES OF INDIGESTION.

The Stomach Often Suffere Because of

The stomach is a patient and longsuffering organ, which may go on do ing its duty meal after meal, day after day, and year after year, with never a protest against the mass of unprepared and unsuitable material that is crowded into it. But there is a limit even to the endurance of the stomach, and when at last it does protest, it makes its complaint known in an unmistak-

The cause of most indigestion is less n the stomach itself than in the mouth. The stomach is but one of the digestive organs, and can and will do only the task that properly belongs to it. It cannot take raw material and work it into such shape that it is ready to be taken up by the absorbent vessels and carried to the tissues for the nourishment of the body; consequently raw material, that is, material not properly chewed, must not be put into it.

There are two kinds of abuse of the stomach. The first is the occasional overeating, such as even the most abstemious are likely to indulge in on Thanksgiving Day. This may be a very serious matter if the heart is diseased, but it is not generally of much moment in the young and healthy. The food is taken in too great quantity and too rapidly, without being properly chewed. There is more or less distress; the little glutton (or perhaps the blg one) feels him," said Mrs. Lapsling. "He'll kill heavy, maybe a little sick at the stom- himself with it some day." ach, and wonders if he will ever care for mince ple again. In the meanwhile the stomach is struggling with its load, and, despairing of ever digesting it, tries to get rid of it by pushing it on into the intestine. If it succeeds the burden is shifted to the intestine. If it fails it may expel the contents by vomiting. But even then some irritating material usually remains and sets up a fermentation which is called a billious

attack is to drink lukewarm water and mercial sense." induce vomiting, and to follow this by minister adapted by conduct and learnsome rhubarb and magnesia or a dose of castor oil. Then, with a starvation have, and should have, a slaary propor diet for a day or two and the drinking tionate to the demands of the field he of plenty of water, the stomach gradu- is tilling, and compensations far more ally recovers its tone and consents to go satisfying and worthy of consideration back to work again. The other form of indigestion is chronic and is also due to abuse, although perhaps not to gduttonous overloading .- Youth's Compan-

FINE CASCADES IN JAPAN.

Some of the Most Bewitching Water-falls of the World Exist There.

There is an almost countless number of waterfalls in the domain of the Mikado. Nature was lavish in bestowing them on the country and wherever there chanced to be a deficiency the natives supplied it promptly by artificial means. Indeed, no State, large or small, is complete without its water. are many very beautiful ones in various parts of the country and they are all of them shrines visited by thousands of pilgrims every year. They do not pray to them as to a statue of Buddha, but they first paste up a little paper prayer on a convenient rock and then sit down in rant attention and gaze at the falling water for hours, taking an occasional cup of tea at a little tea house which always stands close at hand. The Japs are great at making pilgrimages anyway.

When a man has reached the age of 45 he is supposed to have raised a folding her in his strong embrace. family which will in the future take care of him. About the first thing he does on retiring is to start on a series of pilgrimages. Sometimes he joins a band of fellow pilgrims, or if comparatively wealthy he sometimes takes his wife and a minor child and makes banners with the name of their city Italian. and district marked on them, and when they have received good entertainment at a tea house or hotel they hang one of their banners up in a conspicuous place as a testimonial. Often end of the country to the other, visitland.

Doors to Happiness

"I made the mistake of my life when old Castle Garden was abandoned that I didn't corral the old oaken doors leading into the rotunda," said Bernard taken a seat: Biglin as he paced along the battery sea wall past the aquarium.

"I know one man who'd give their weight in gold for them just as an heirloom to hand down to his grandchildren and their successors. His name? No, I don't think I'll tell you that, but he is, to-day, a man high up in public life, and one of the financial powers of the country.

"In his youth he came to this country and entered through the old oak doors of Castle Garden. Hundreds of those who passed through those doors to the land of their adoption, where they have since found prosperity and happiness, would give much to possess them as mementoes. I could name hundreds who have attained high positions in public life who first stepped foot on American soil through this portal. One man whom I saw land and whose baggage I hauled, afterward served in the State Legislature

with me. "Merely as an exhibit the old doors would be a money winner," he continued, according to the New York Times. "Thousands of people would bring their children and grandchildren to see the old doors. And yet these historic relics were consigned to the rubbish heap when the old garden was s bandoned."

Bad Coughs

"I had a bad cough for six weeks and could find no relief until I tried Ayer's Cherry Pecto-ral. Only one-fourth of the bottle cured me."

L. Hawn, Newington, Ont.

Neglected colds always lead to something serious. They run into chronic bronchitis, pneumonia, asthma, or consumption.

Don't wait, but take Ayer's Cherry Pectoral just as soon as your cough begins. A few doses will cure you then.

Three sizes : 25c., 50c., \$1. All druggists.

Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with him. We are willing.

J. C. AYER CO., Lowell, Mass.

A Dangerous Toy.

"My boy Sammy," said the neighbor, "worries me almost to death with

his somnambulism." "You ought to take it away from

Compensations of Pastors. From an open letter in the February Century In the ministry, service and salary are not equal terms. The high office was not created for the advnatage of the holder, and the calling is degraded into a mere profession when it is made the subject of money equivalents. The work of the ministry is more especially in the realm of the moral and spiritual, and therefore can never be "financial-The best way of cutting short such an ly compensated in any exhaustive com-Nevertheless, the ing to his high calling ordinarily does than salaries.

Oulck Inference.

Judge—He has often declared that the lot of the poor is to be envied and that poverty is often a blessing. Fudge-What! Is he as rich as all that?

A Natural Tendency. "I guess Binx has just had a raise in salary," said the confirmed cynic.

"Has anybody told you so?" "No, but he goes about saying he thinks the world is getting better, and that the danger from trusts is greatly magnified, and that human nature isn't fall. Every little garden has a fall so bad after all. That's the way a or two, and it would not be consid- man nearly always talks just after he ered a garden at all without it. There bas had a raise in salary."-Washington Star.

DUPANCE. Frank Preston Smart in February Century,

When four walls bar me out from her Who makes the world for me, 'Tis I who am the prisoner And she the one that's free.

Memory.

When, having become rich beyond the dreams of avarice, he came back to claim his bride, he found Elise await-

"Then you remember me," he cried,

"Remember you, Harold? Why, I remember your middle initial, even!" Devotion, this!-Detroit Journal.

London's Mixture.

It is said that there are more Irishmen in London than there are in Dubthe pilgrimages by himself. These pil- lin, more Scotch than there are in Edgrim bands can always be seen moving inburgh, and that half of Soho is about the country. They carry little French and the whole of Saffron hill

Statesman's Work Remembered.

The friends of the late Col. Charles A. Rus-ell, long a representative from the Third congressional district of Cona band of pilgrims will travel from one necticut, are quietly raising a fund for the education of his children. The ing every temple and waterfall in the plan is to raise \$25,000 for his family and the fund is already making good

progress. There by Right. One of them went over and whispered to the stranger who had come in and

"I beg your pardon, but this is a gathering of working women, met to

protest against-" "I am a traveling preacher's wife,"

said the stranger. And they made her president of the meeting.

Deadheads.

Penn Sylvan Yann-Have you any great audience for your poetry?
Redden Blue—Yes indeed; our exchange list is over 500 now .- Pennsyl ania Punch Bowl.

The Inventor's Triumph.

"You say that Arbeiter's inventions have made several men millionaires, but did he ever make anything out of

"Oh, yes he was singularly succes ful with his devices in that respect He made enough to perfect all of them."

Unwelcome Friendship.

"I want to say to you," roared the ed-faced passenger, "that I am a red-faced passenger, "that I a friend to the Boers, all the time."

"Well," said the slim passenger, who was in a corner of the car, where he couldn't escape, "I hadn't thought much about it, but if you are with them I am sorry for them myself."-Indianapolis Press.

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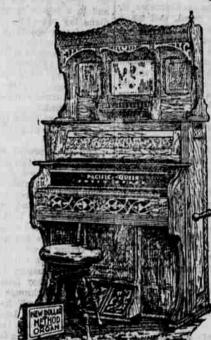


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