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RURAL HOUSEWIVES ARE TAUGHT TO APPLY BUSINESS PRINCIPLES



Home Demonstration in the Kitchen.

Prepared by the United States Department of Agriculture.
Home demonstration work, though comparatively new, is looked upon as permanent, so beneficial have been the results obtained by home demonstration agents working in rural homes. The fundamental purpose of this work, according to a report just issued by the United States Department of Agriculture, is to assist the rural housewife to apply business principles to her daily tasks for the purpose of making the farm home as efficient as the farm, thereby producing a more satisfactory and permanent type of rural life. The report referred to is Department Circular 141, which deals with the results of home demonstration work in the 33 northern and western states.

Became Co-operative Movement.
The work actually began in August, 1914, when an agent was appointed in Erie county, N. Y., on state funds. In 1916, it became a co-operative movement supported by federal, state and local funds. During that year four agents were appointed. In 1918 the number had grown to more than 300. Then war emergency funds were cut off, and in the following year the number dropped to 268. Although in this one year the force of workers as well as state and federal funds were reduced nearly one-half, the appropriations made by the local people for home demonstration work nearly doubled, and agents were retained in direct response to requests from the people whom they served, according to the circular.

Home demonstration agents afford an avenue by which the state agricultural colleges and the United States Department of Agriculture offer the practical results of their research and experiments in home economics to housewives of the country. These agents encourage the rural housewife to bring from their store of practical knowledge and experience the lessons they have learned in home management that will be valuable to other women in the community, and so help to make this information available to all. The home demonstration agent is a teacher who makes liberal

use of practical demonstration rather than the lecture or text book.
The most successful home demonstration agents, according to the circular, aim to train local leaders who, by putting the best practices into their own homes, extend the instruction to larger numbers of women. At least two-thirds of the agent's time is spent with farm women in their homes, discussing the varied problems of house-keeping and other matters in which farm women are interested. Aside from interesting women in better home management, modern conveniences, food production and preservation, better food for the family, home nursing, and the selection and making of clothing, the agents are devoting their efforts to promoting community enterprises.

Three types of such enterprises are developed: The economic type which includes food preservation, the hot school lunch, co-operative laundries, co-operative buying and selling associations, labor-saving devices, and salvage shops. The social type is concerned with such things as recreation centers, civil improvements, and rest rooms. The educational type embraces farm home tours, libraries, and magazine circles and the like.

Local Aid Needed.
A county organization in extension work which desires the appointment of a home demonstration agent should first communicate with the extension service at the state agricultural college, or with the agricultural agent in the county, the circular suggests. It is necessary for the local organization or county to give some financial support to the home demonstration agent, though the greater part is supplied by the state and federal funds. To supply that share which is required of the local organization there have been organized within the past two years in the majority of the 33 northern and western states what is popularly known as the "family" or "new" farm bureau. This is an association of people interested in rural affairs, the membership of which comprises men, women, and young people who generally pay a uniform membership fee of \$1 a year.

LONG-TAILED FOWLS PRIZED

Birds With Marvellous Feathers Carefully Looked After in Museum at Tokyo, Japan.

In the Ujeno park museum, Tokyo, Japan, there are three fowls with tail feathers from 13 to 15 feet long. Only the cocks have feathers of such startling length. The hens are rather commonplace in appearance.

The long-tailed fowls settled in Japan before the Christian era. They are probably an offshoot of a Korean variety which sprang from the jungle fowl of southern Asia.

Why do the tail feathers grow to such length? Every chicken moults once a year. Chicken growers say that sometimes a part of the chicken skips this moulting season. By a process of painstaking selection and breeding, says the Popular Science Monthly, those fowls in which tail moulting season is suppressed will ultimately give rise to a strain with long tail feathers.

These Japanese cocks are fed, almost stuffed, in a way that would astonish American barnyard chickens. They are not allowed to move about freely; if they did so, the precious tail feathers would break.

Tell The Post About It!

WATCH FOR FIRES AT NIGHT

Forest Branch of Canadian Government Expects Good Results From This Use of Airplanes.

Aircraft patrolling the clouds in the dead of night will defeat forest fires in the great reserves of western Canada. A squad of planes has been obtained by the Dominion forestry branch. Two main flights will be made daily over the southern Alberta districts. Enough night pilgrimages will be made to spot the smallest outbreak of fire. These flights are made in the timbered foothills of the Rocky mountains west of the rich agricultural country of southern Alberta, now being rapidly settled. Besides adding protection to the forest products, the new aerial patrols will minimize danger of fire in the vast grazing sections of the reserves, where thousands of head of cattle and sheep feed.

Aircraft patrols have been started by the government in other forest districts. Forestry reports, showing Canada has 225,000,000 acres of merchantable timber, declare that the annual loss is being greatly reduced through aircraft service.

FINDS SAFETY IN DISTANCE

Greek Reservist in United States Joyfully Refuses Offer of Employment by Constantine.

After serving five years in the Greek army, with rank of first sergeant, receiving his discharge last January and coming to Marysville three weeks ago, where he obtained work in a local cafe, Edward Kallas received a letter from the Greek war department informing him that his class had been called into service against the Turks and requesting that he report in Athens as soon as possible, says the San Francisco Chronicle.

Kallas immediately wrote a personal letter to King Constantine as follows:

"Dear King: Your letter received and contents noted. After serving five years in the army I have done my bit. As the walking is not good between Marysville and New York and the swimming between New York and Athens is worse, and owing to the fact that you did not send transportation, I will be compelled to refuse your kind offer to come back and mop up the Turks. However, you have my best wishes and I hope you do well."

SAVING CAR FARE.

A downtown dairy lunch had been having very good sales on a special sandwich, relates the Indianapolis News. It was just a sliced hard boiled egg and ham between two pieces of bread, but it looked good. No one had ever questioned the value of it, so many paid 20 cents apiece for the sandwiches very willingly.

But one day a waiter noticed that a girl who had been in the habit of buying one every day at lunch, was buying just a plain ham sandwich which was just 10 cents and a hard boiled egg which was 5 cents. And as she sat down at the table where there were a number of other girls, she said: "Here's where I save my carfare home tonight by slicing an egg."

A drop of printer's ink will make a million think.



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FACTS ABOUT HOT WATER.

The domestic heating and cooking department of the Consolidated Gas company, New York, states that "hot water" is water at 140 degrees Fahrenheit. The average bath requires fifteen gallons of hot water, the ordinary laundry tub ten gallons, the ordinary handbasin one gallon. The average family paying a rental of \$50 or less per month uses fifty gallons of hot water per day; when the rental is from \$50 to \$75 per month the water consumption is sixty gallons a day; a rental of \$100 to \$150 a month carries with it hot water habits averaging 75 gallons a day; and those who pay more than \$150 are accustomed to use more than one hundred gallons in a day.

FINLAND'S NEW COINS.

Finland is to have new coins. The state council of Finland has authorized the Bank of England and the director of the mint to make a contract with the mint, Birmingham, England, for 20,000,000 coins of nickel-bronze, of which 10,000,000 are to be one-mark pieces. About 10,000,000 coins of smaller denominations are made in Finland annually, but as their manufacture there is difficult and expensive the director of the mint recently visited England to see about having the new coins made in that country.

MUST WEAR 'CHUTES.

The government of Switzerland has passed a law requiring aerial passenger carrying companies to provide parachute life packs for all passengers. This legislation follows a similar action by Holland officials, who several months ago established a national precedent by requiring all aviation companies to carry life packs for both pilots and passengers.

LABOR WASTED.

They have produced a pink daffodil in England and it was exhibited at the annual show of the Royal Horticultural society. But who wants a pink daffodil?

For Sale—Modern 9 room house at a bargain; easy payments. For information phone 4821.

KEEP YOUTH IN THE HEART

Only Way, Writer Asserts, by Which One Can Laugh at the Advancing Years.

I heard a wise old Irish philosopher say the other day, "If you want to keep young, don't let your troubles settle in your knees." He explained like this: "Sure 'n you can tell the unhappy women by the way they lift their feet. There is no spring in their knees; they drag themselves about, no force within a-movin' them."

The force within must be one's very own heart. Don't put weights on your knees. Keep your heart young and free and happy. Look for the good in people, in conditions, in surroundings. Learn to explore a little deeper into the soul of man. Interest yourself in the heart next to you, and your own troubles will melt like icicles in the sunshine. Learn to laugh with people, especially the little folk. Cultivate their source of enthusiasm, for if you put yourself into the hands of children, their very interest will keep you young with them. I have often thought that surely one of God's best reasons for giving children to grown-ups and grandchildren to big grown-ups is, through association and interest, to make them young again.—Mary Brooks Picken in Inspiration.

ELECTRIC GROWTH.

Twenty years ago American industries consumed about five hundred thousand horsepower; today they require more than twenty million horsepower. Half a century ago the horse himself was tremendously relied upon, but the term "horsepower" was not especially familiar. Now the horse is not depended upon the way he once was, but in dropping into less prominence he has left his strength as a unit of measuring the boundless energy of the new giant, not made of flesh and blood.—North American.

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